

Where to find support during Covid-19

World Health Organisation

<https://tinyurl.com/yx6vexyp>



Check your Symptoms

<https://www.nhs.uk/conditions/coronavirus-covid-19/>



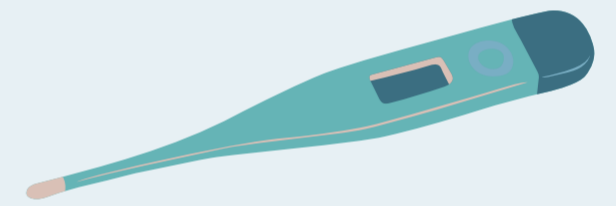
Financial Support Information

<https://tinyurl.com/vynfdxb>



Looking after Children

<https://tinyurl.com/yczw39d6>



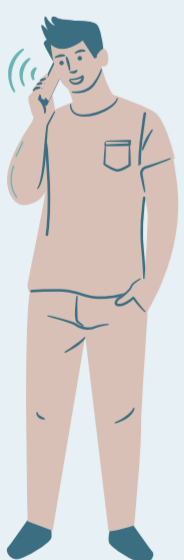
Looking after your Mental Health

<https://tinyurl.com/uju6mxj>



Womens Aid Safety Support

www.womensaid.org.uk



Samaritans Support

www.Samaritans.org.uk

St. Antony's
C e n t r e

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